

# **NEED**®

**NUTRITION X**



**PRODUCT  
CATALOG**



SUPERIOR PROTEIN FOR BETTER MUSCLE BUILDING

# HYPER WHEY

BCAA & CREATINE

NET WEIGHT

2270g



Powder

✓ حاوی ۵۳٪ پروتئین وی

- حاوی ویتامین و کربوهیدرات پیچیده
- مناسب برای اواخر دوره حجم گیری
- جهت افزایش وزن و حجم عضلات
- جلوگیری از تخریب توان عضله



FAT  
**4G**  
per serving

PROTEIN  
**37G**  
per serving

CARBS  
**20G**  
per serving

## Nutrition Facts

Serving Size 1.5 scoop (70g)

Servings Per Container 32

Amount Per Serving  
Calories (kcal)

264

% Daily Value\*

Total Fat	4 g	6/1%
Saturated Fat	4 g	20%
Trans Fat	0 g	
Cholesterol	0 g	
Total Carbohydrate	20 g	6.7%
Dietary Fiber	16 g	28%
Total Sugars	4 g	
Creatine	6 g	
Protein	37 g	74%
Amino acid composition	g / 100g protein	
Alanine	5300 mg	
Arginine	2900 mg	
Aspartic acid	10500 mg	
Cysteine	3500 mg	
Glutamic acid	17300 mg	
Glycine	2000 mg	
Histidine	1800 mg	
Isoleucine	7500 mg	
Leucine	11500 mg	
Lysine	10500 mg	
Methionine	2500 mg	
Phenylalanine	5500 mg	
Proline	5500 mg	
Serine	4500 mg	
Threonine	5500 mg	
Tryptophan	3000 mg	
Tyrosine	2000 mg	
Valine	4500 mg	

Branch Chain Amino Acids 2300 mg  
Energy Value 459kc/100g

\*Percent Daily Values are based on a 2000 calorie diet



# SUPERIOR PROTEIN FOR BETTER MUSCLE BUILDING PRO COMPLEX GAINER

NET WEIGHT

3000g



✓ حاوی ۳۶٪ پروتئین وی، کازئین و آلبومین

- افزایش حجم عضلات
- باز سازی کلیکوژن و افزایش وزن در بزرگسالان
- مناسب برای ابتدای دوره بدن سازی و آمادگی جسمانی
- تأمین انرژی و پروتئین مورد نیاز افراد مبتلا به سوء تغذیه



CARBS

**85g**  
per serving

PROTEIN

**60g**  
per serving

FAT

**8g**  
per serving

## Nutrition Facts

Serving Size 4 scoops (165g)  
Servings Per Container 18

Amount Per Serving	Calories (kcal)	650
	% Daily Value*	
<b>Total Fat</b>	<b>8g</b>	<b>12%</b>
Saturated Fat	3.5g	18%
Trans Fat	0g	
<b>Cholesterol</b>	<b>80mg</b>	<b>27%</b>
<b>Sodium</b>	<b>390mg</b>	<b>17%</b>
<b>Total Carbohydrate</b>	<b>85g</b>	<b>28%</b>
Dietary Fiber	5g	18%
Total Sugars	6g	
Includes 1g Added Sugars	2%	
<b>Protein</b>	<b>60g</b>	<b>120%</b>
Niacin	4.2mg	25%
Calcium	540mg	40%
Iron	4.8mg	25%
Potassium	350mg	8%
Vitamin A	290mcg	30%
Vitamin C	23mg	25%
Vitamin E	5.3mg	35%
Thiamin	0.3mg	25%
Riboflavin	0.4mg	30%
Vitamin B <sub>6</sub>	0.4mg	25%
Folate	130mcg	35%
Vitamin B <sub>12</sub>	1.1mcg	45%
Biotin	58mcg	190%
Zinc	2.9mg	25%
Phosphorus	330mg	25%
Copper	0.4mg	45%
Magnesium	125mg	30%

Percent Daily Values are based on a 2,000 calorie diet.  
your Daily Values may be higher or lower depending on your calorie needs.

## About GAINER

NEED Mass gaining formula will help increase your calorie count and provide you with the nutrients you need to gain weight. this formula will provide with the best source of protein, the best source of carbs so that you hit your goals faster. pro complex gainer uses whey protein isolate as main source of protein, WPI is very lean so we bulk this formula up with a ton of high quality carbs to give it calories aimed at building mass. we use premier maltodextrin as their carbo source. finally, our experts uses lipid (fat) blend to give the combination of these three aspects in Pro Complex Gainer, you will be able to put on lean mass faster than ever before. Each serving of Pro Complex Gainer contains vitamins and essential minerals. Various vitamins and essential minerals are utilized during the growth process.

## Quick Facts

- 85 grams of carbohydrate to help store energy levels.
- Few sugars.
- Essential vitamins and minerals.
- 60 grams of high quality protein mix, contains WPC, WPI, WPH, Casein, Albumin



# LEAN MUSCLE MASS ASSIST WEIGHT GAIN MASS

**NET WEIGHT**  
**4000 g - 2600 g**



✓ حاوی ۲۳٪ پروتئین وی، حاوی مواد معدنی

- مناسب برای افزایش وزن و حجم دوره ابتدایی
- حاوی کربوهیدراتهای ساده و پیچیده
- تأمین پروتئین و انرژی
- افزایش وزن بدن
- افزایش حجم عضله



## Nutrition Facts

Serving Size 6.5 scoops (260g)

Servings Per Container 15

Amount Per Serving	Amount	%Daily Value
Calories (Kcal)	1010	
Calories from Fat	70	
Total Fat (g)	8g	12%
Saturated Fat	5g	25%
Cholesterol	175 mg	58%
Total Carbohydrate	175g	58%
Dietary Fiber	3g	12%
Sugars	12g	
Protein	60g	120%
Vitamin A	185 IU	4%
Calcium	325 mg	32%
Iron	4 mg	21%
Sodium	190 mg	8%
Potassium	1080 mg	31%

Percent Daily Values are based on a 2,000 calorie diet.  
Daily value not established.

PROTEIN  
**60G**  
per serving

FAT  
**8G**  
per serving

CARBS  
**175G**  
per serving

NEED Mass high protein gainer is a high protein supplement to support the muscle and help you develop the physique you have wanted.

NEED Mass tastes so good, easily digested and has a high solubility.

NEED Mass help you gain weight naturally and healthily without any side effects.



PERFECT FOR WORKOUT ENERGY  
**ENERGY PRODUCTION**  
**CARBO**

**NET WEIGHT**  
**4500 g - 2000 g**



- حاوی قندهای ساده (گلوکز و فروکتوز)
- حاوی کربوهیدراتهای پیچیده
- بهبود متابولیسم و کاهش خستگی
- کمک به باز سازی ذخایر گلیکوژن، پیشگیری از گرفتگی عضلات
- تامین انرژی مورد نیاز، جلوگیری از افت قند خون هنگام مسابقه و تمرین



SUGAR  
**4/2G**  
 per serving

FAT  
**0G**  
 per serving

CARBS  
**43 G**  
 per serving

### Nutrition Facts

Serving Size 1 scoop ( 46 g)  
 Servings Per Container 98

Amount Per Serving		
Calories (Kcal)	172	
		% Daily Value*
Total Fat	0 g	0%
Total Carbohydrate	43 g	15%
Sugar	4.2 g	0%
Protein	0 g	0%
Calcium	0 mg	0%
Sodium	0 mg	
Vitamin B1	0.33 mg	
Vitamin C	24 mg	40%

Not a Significant Source of Dietary Fiber.  
 \* Percent Daily Values are based on a 2,000 calorie diet.  
 Your Daily Values may be higher or lower depending on your calorie needs.

NEED® carbo is a 100% pure complex carbohydrate supplement derived from maltodextrin and dextrose. maltodextrin is an easily digestible blend of complex carbohydrates from corn starch and dextrose is a form of glucose derived from starches. it is digested similarly to sugar because it is simple carb. is high on the glycemic index and provides a quick burst of energy for your muscles. this carbohydrate supplement is best for athletes that need to replenish glycogen stores in their muscles.



CLINICALLY DEVELOPED CREATINE MONOHYDRATE

# POWERCREATINE

INCREASES ATP PRODUCTION

**NET WEIGHT**

**300g**



Powder

- افزایش کارایی و استقامت بدن، افزایش قدرت و حجم عضلات
  - تحریک ساخت پروتئین عضلانی
  - تامین سوخت ماهیچه ها در طول تمرینات شدید
  - کراتین از اسیدی شدن ماهیچه ها جلوگیری می کند
  - موثر در بهبود عملکرد ورزش های توام با شروع سریع
- بعنوان یک آنتی اکسیدان باعث پاکسازی رادیکال های آزاد بهبود غشای سلول های ماهیچه ای، رشد و ترمیم سلول های ماهیچه ای به طور کارآمد تری شود.
- کراتین می تواند مقدار کلسیم موجود در سلول های ماهیچه ای تنظیم کند و به سطح مطلوب برساند که این امر باعث انقباض صحیح ماهیچه ها می شود.



#### SUPPLEMENT FACTS:

Serving Size 1 rounded scoop ( 5 g)  
Servings Per Container 60

Creatine monohydrate	5g
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Creatine can help your body increase energy, and promote strength, size and power, and help your body to recover from workouts faster. NEED Creatine uses only Creapure™, 100% pure, Creatine Monohydrate, enhancing uptake and bioavailability, allowing your uptake and bioavailability, allowing your muscles to quickly absorb and utilize. Creatine helps support protein synthesis and promote muscular growth.





[www.neednutrition.ir](http://www.neednutrition.ir)



# NEED<sup>®</sup>

NUTRITION X



 need.nutritionx



FAST BOOST ENERGY & MUSCLE RECOVERY

# 5000 BCAA

NET WEIGHT

300g



Powder

- کمک به بازسازی عضله
- جلوگیری از تخریب عضله
- افزایش کارایی بدن ورزشکاران
- تامین انرژی ورزشهای استقامتی



## Supplement Facts

Serving size 2 Scoops (10g)  
Serving Per Container 30

Amount Per Serving	%Daily Value
Calories	16
Total Carbohydrate	4g 1%
Vitamin C (as Ascorbic Acid)	9mg 15%
Magnesium (as magnesium Oxide)	60mg 15%
Sodium (as Sodium Chloride)	90mg 4%
Potassium (as Potassium Chloride)	100mg 3%
BCAA Blend (L-Leucine, L-Isoleucine, L-Valine)	5000mg



BCAA (in 2:1:1 ratio)		
Leucine	2500	5000mg
Iso leucine	1250	
Valine	1250	

MUSCLE

## About BCAA

Our BCAA supplement provides a way to consume three essential amino acids, this supplement containing an optimal 2:1:1 ratio of Leucine, Iso leucine and valine. These can't be produced by your body so they must come from your diet. These three essential amino acids are the building blocks of protein, which makes up the structure of new muscle tissue.



# GLUTAMINE POWER

CLINICALLY DEVELOPED RECOVERY AND METABOLISM

NET WEIGHT

300g



✓ حاوی ۱۰۰٪ گلوتامین تخلیص شده

- تسریع بازتوانی
- بهبود پاسخ ایمنی
- کمک به عضله سازی و آنابولیسم پروتئین ها
- پیشگیری از تحلیل عضلات پس از مسابقه
- کمک به بازسازی و ذخیره سازی گلیکوژن عضلات
- تأخیر در ایجاد خستگی و کوفتگی از طریق کمک به آمونیم



#### SUPPLEMENT FACTS:

Serving size	(5g)
Serving per container	60
L-Glutamine	5g

Glutamine is highly in demand throughout the body. It is used in the gut and immune system extensively to maintain optimal performance. 60% of free-form Amino Acids Floating In Skeletal Muscles Is L-glutamine. L-glutamine plays a very important role in Protein Metabolism, and it Appears to be a Very Important Nutrient For Body Builders. When supplemented, it may help body builders reduce The Amount of Muscle Deterioration That Occurs Because Other Tissues that need glutamine will not rob the glutamine stored in the muscle cells.

Glutamine is the most abundant amino acid in the body and plays an important role in muscle. During prolonged periods of intense exercise glutamine levels can be depleted which may limit protein synthesis.

NEED Glutamine Powder is a simple way to supplement your diet with this amino acid.



# ENERGY AMINO

DRINK POWDER

NET WEIGHT

270g



- جذب سریع آمینو اسید های پودری
- حاوی BCAA جهت تقویت استقامت
- پشتیبانی از بدن در قبل، حین و بعد از تمرین
- حاوی بتا آلانین جهت کمک به تمرین شدید و طولانی مدت
- حاوی آمینو اسیدهای ضروری به منظور افزایش سرعت جذب
- حاوی ال آرژنین و سیتیرین برای افزایش تولید نیتریک
- حاوی کافئین، قهوه سبز و چای سبز جهت افزایش انرژی و تمرکز

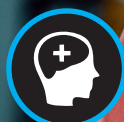


## FAST BOOST ENERGY

### Nutrition Facts

Serving Size 1 rounded scoop ( 9 g )  
Servings Per Container 30

Amount Per Serving	
Calories (kcal)	5
Total Carbohydrate	1g
Amino Blend	5g
Tartaric Acid	138mg
Malic Acid	138mg
Caffein	98mg
Green Tea Powder	100mg
Green Coffee Bean Powder	25mg
L-Glutamine	1000mg
L-Arginine	500mg
Taurine	500mg
Beta-Alanine	350mg
L-Tyrosine	250mg
L-Histidine	200mg
L-Lysine	200mg
L-Leucine	1000mg
L-Isoleucine	500mg
L-Valine	500mg
Vitamin C	24mg





# AMINO WHEY 2222 + L - CARNITINE

**TABLETS**

**325**



Tablets

✓ ۱۰۰ درصد مخلوط پروتئین های وی

- حاوی آمینو اسیدهای ضروری، حاوی ال کارنتین
- هر قرص حاوی ۲ گرم پروتئین می باشد
- پیشگیری از تحلیل عضلانی پس از مسابقه و تمرین
- افزایش حجم عضلات بدون افزایش توده چربی
- کمک به عضله سازی و افزایش حجم عضلات پس از مسابقه



PROTEIN  
**2g**  
per tablets



L-CARNITINE  
**5mg**  
per tablets



#### Nutrition Facts

Serving Size 1 Tablet  
Serving Per Container : 325

Amount Per Servings	
Calories	10
Total Fat	0 g
Total Carbohydrate	0 g
Protein	2 g
L-Carnitine	5 mg

Not a Significant Source of Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Sugars, Vitamin A, Vitamin C, Calcium, or Iron.

\*Percent Daily Values are based on a 2,000 calories diet. Your Daily values may be higher or lower depending on your calorie needs.

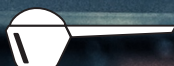


# BETA ALANIN

AMINO ACID FOOD SUPPLEMENT

**NET WEIGHT**

**300g**



Powder

- باعث افزایش کارنوزین داخل سلولی
- افزایش قدرت عضلانی بدن
- خستگی را کاهش داده و آن را به تعویق می‌اندازد.
- مقاومت هوازی و قدرت ماهیچه‌ای بدن را افزایش می‌دهد
- حجم ماهیچه‌های ضعیف و مقاومت ناهوازی را افزایش می‌دهد.



## Nutrition Facts

Serving Size 1 scoop ( 2 g )  
Servings Per Container 150

### Amount Per Serving

Beta alanine 2 g

Beta-Alanine aids in the production of carnosine, that's a compound that a role in muscle endurance in high-intensity exercise.

Beta-Alanine provides the stimulus to increase anaerobic endurance and delays in muscular fatigue.

Beta-Alanine can improve muscular strength and endurance to provide a more powerful training session.

Beta-Alanine allow you to train longer at high intensities.



SUPERIOR PROTEIN FOR BETTER MUSCLE BUILDING

# PURE WHEY

LOW CARBOHYDRATE & LOW FAT

NET WEIGHT

2270 g



Powder

✓ حاوی ۸۰٪ پروتئین وی کنستانتره

- حاوی مواد معدنی، کم کربوهیدرات
- جلوگیری از کوفتگی عضلات
- افزایش حجم عضلات
- تسریع بازتوانی



FAT

1g

per serving

PROTEIN

24g

per serving

CARBS

2g

per serving

## Nutrition Facts

Serving size 1 Scoop (30 g)  
Serving Per Container 76

Amount Per Serving

Calories	113	Calories From Fat	10
%Daily Value			

Total Fat	1 g	2%
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Saturated Fat	0.5 g	3%
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Trans Fat	0 g	
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Cholesterol	50 mg	17%
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Sodium	130 mg	5%
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Total Carbohydrate	2 g	1%
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Sugars	1 g	
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Protein	24 g	48%
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Vitamin A	0%	Vitamin C	0%
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Calcium	8%	Iron	2%
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Not a Significant Source of Dietary Fiber.

Percent Daily Values are based on a 2,000 calorie diet.  
your Daily Values may be higher or lower depending on  
your calorie needs.

Total Fat	Less than	65g	80g
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Salt, Fat	Less than	20g	25g
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Cholesterol	Less than	300mg	300mg
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Sodium	Less than	2,400mg	2,400mg
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Total Carbohydrate		300g	375g
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Dietary Fiber		25g	30g
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Protein		50g	65g
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Calories per gram			
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Fat	9	Carbohydrate	4	Protein	4
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# NEED<sup>®</sup>

NUTRITION X

## PRODUCT CATALOG

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 [need.nutritionx](https://www.instagram.com/need.nutritionx)

 [www.neednutrition.ir](http://www.neednutrition.ir)





# NEED

NUTRITION



PROTEIN  
60G  
per serving

FAT  
8G  
per serving

CARBS  
175G  
per serving

NET WEIGHT  
4000G

LEAN  
WEIGHT  
MAX

TESTED

MUSCLE GROWTH